

Discovering Prayer Hinderances Worksheet

The Seven Biblical Principles

There are seven things that can go wrong in your pursuit of God. If any one of them breaks down or becomes a weakness, they cause spiritual issues in your life. If you pray a prayer that God doesn't answer positively and you know it is Biblical, more than likely it is because of one or more of these principles. This worksheet helps you check these seven things out. Jesus will be using people from the Bible to help you understand them.

DESIRE

Please read Jonah chapters 1-4. Jonah didn't want to do what God wanted him to do. He hated the Ninevites and wanted them to be destroyed. Pray and ask Jesus if there is anything in your heart where you are fighting, disagreeing, or not wanting what God wants for your life. If there is a spiritual issue where you don't want help or aren't willing to do what it takes to be helped, Jesus won't force His help on you. If so, write them down:

STUDY

Please read 2 Kings 22:8-23:25. God's people lost the Word of God; it was hidden in the temple and hadn't been studied for a long time. Pray and ask Jesus if there is anything missing in your Bible knowledge that is keeping you from being set free. If there is a truth in the Bible that you aren't aware of, Jesus won't use it to help you. Is there a spiritual issue where you can't think of a Scripture that would help solve it? If so, write the spiritual issue down:

PRAY

Please read 2 Kings 18:13-19:36. Hezekiah prayed and God answered his prayer and delivered Judah from the Assyrian King. Pray and ask Jesus if there is anything missing in your prayers that is keeping you from getting God's help. If there is a spiritual issue that you haven't invited Jesus to help you with, He won't do what He hasn't been invited to do. If so, make a note of them:

BELIEVE

Please read Genesis chapters 37, 39-45. Things really got bad, but Joseph constantly believed in God's faithfulness. If Jesus hasn't spoken faith into you concerning a spiritual issue, you can't believe you have His power to get the victory. Pray and ask Jesus if there is anything missing in your faith that is keeping you from believing in God and His help. If so, list them:

LOVE

Please read the book of Ester. Ester, in love, laid her life on the line for her people. If your concerns about your spiritual issues are only about you and your spiritual needs, Jesus won't respond. He wants you to be willing to learn how to share your breakthroughs with your friends. Pray and ask Jesus if there is anything missing in your love that is keeping you from getting God's help. If so, jot them down:

FAITH-ACTION

Please read 1 Samuel 17:1-52. David practiced believing God as he tended his father's sheep. Then he continued to believe God as he faced the challenge against Goliath. Pray and ask Jesus if there is anything missing in your faith that is keeping you from taking action by living on the basis of the fact that Jesus has spoken faith in you. If Jesus has already told you He has answered your prayer but you still haven't taken action on it, write out what it is:

THANKFUL

Please read 1 Samuel 8:4-10:9, 13:1-14. Saul was chosen as the first king of Israel. God was very generous. But, once he got his eyes off of the blessings and failed to be thankful for the way God elevated him to such a wonderful opportunity, he started making his own decisions and not depending on God's leadership. If Jesus has already done wonderful things that you haven't thanked Him for, make a list of them:
